

HEART FAILURE

AND YOUR EJECTION FRACTION EXPLAINED



EJECTION FRACTION

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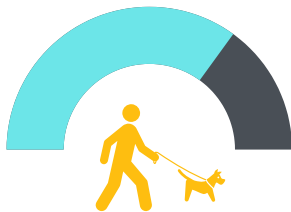
amount of blood
pumped out

amount of blood
in chamber



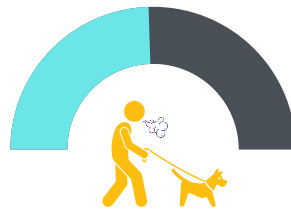
With the proper care and treatment, many patients are able to improve their ejection fraction and live a longer and healthier life. Talk with your healthcare provider about your options.

HOW MUCH BLOOD IS PUMPED OUT DURING EACH HEART CONTRACTION?



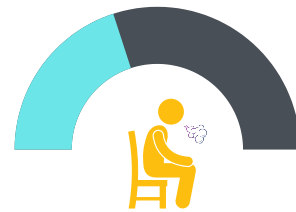
NORMAL
≈ 50–70%

Usually comfortable during activity



BORDERLINE
≈ 41–49%

Symptoms may become noticeable during activity.



REDUCED
≤40%

Symptoms may become noticeable even during rest.

It is also possible to have a diagnosis of heart failure with a seemingly normal (or preserved) ejection fraction of greater than or equal to 50%