

# Effects of changes in fat, fish, and fiber intakes on death and myocardial reinfarction: diet and reinfarction trial (DART)

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TABLE III—DEATHS AND REINFARCTIONS IN RELATION TO DIETARY ADVICE

Diet group	All deaths	IHD deaths	Non-fatal MI	IHD events
Fat advice	111 (10.9%)	97 (9.5%)	35 (3.4%)	132 (13.0%)
No fat advice	113 (11.1%)	97 (9.6%)	47 (4.6%)	144 (14.2%)
Fish advice	94 (9.3%)*	78 (7.7%)†	49 (4.8%)	127 (12.5%)
No fish advice	130 (12.8%)	116 (11.4%)	33 (3.2%)	149 (14.6%)
Fibre advice	123 (12.1%)	109 (10.7%)	41 (4.0%)	150 (14.7%)
No fibre advice	101 (9.9%)	85 (8.4%)	41 (4.0%)	126 (12.4%)

Fish advice *vs* no fish advice: \* $p < 0.05$  and † $p < 0.01$  (logrank test).